



Pechanga Child & Family Services Resource List

****IF YOU ARE EXPERIENCING A MENTAL HEALTH OR MEDICAL EMERGENCY OR ARE IN FEAR FOR YOURS OR SOMEONE ELSE'S SAFETY PLEASE CALL 9-1-1.****

Area Hotlines:

National Sexual Assault Hotline – 800-656-4673

Mental Health Crisis line – 988

Child Abuse Hotline – 800-442-4918

National Domestic Violence Hotline – 800-799-7233

National Suicide Prevention Hotline – 800-273-8255

Crisis Text Line – text ANSWER to 839863

Adult Protective Services – 800-491-7123

24 Hour Detox Referral – 800-499-3008

Narcotics Anonymous – 800-397-2333

Veterans Crisis Line – 800-273-8255 (Press 1)

Crisis/Suicide Intervention – 951-686-4357

Senior Adult Services – 951-823-0702

Riverside Area Rape Crisis Center – 951-686-7273

Homeless Youth Hotline – 800-551-1300

California Youth Crisis Line – 800-843-5200

Victim & Witness Services – 951-955-5400

Partners Against Violence – 909-885-8884

Operation Safe House Crisis Line - 800-561-6944

For assistance with area resources you can call 2-1-1 or visit www.211ca.org

Domestic Violence

California Indian Legal Services 760-746-8941

www.calindian.org/domestic-violence-protection-support

Pechanga Child & Family Services 951-770-6106

www.pechanga-nsn.gov/cfs/

Cahuilla Consortium 951-392-1919

www.cahuillaconsortium.org

Avellaka Program 760-742-8628

www.avellaka.com/

National Indigenous Women's Resource Center, Inc.

www.niwrc.org/

Alternatives to Domestic Violence 800-339-7233

www.alternativestodomesticviolence.org/

Safe Family Justice Center 951-587-3900

www.safefjc.org/

StrongHearts Native Helpline 844-762-8483

www.strongheartshelpline.org

Partners Against Violence 909-885-8884

www.partnersagainstviolence.org/



Pechanga Child & Family Services Resource List

Substance Abuse

Pechanga Child & Family Services	951-770-6106	www.pechanga-nsn.gov/cfs/
Inner Tribal Treatment	760-638-3665	www.inner-tribaltreatment.com/
Rooted and Restored	714-872-7474	www.rooted-and-restored.com
The Hill Alcohol & Recovery	951-719-3685	www.hillrecovery.com/
Riverside County Indian Health	909-864-1097	www.rsbcih.org/
Rancho Milagro Recovery	951-297-9888	www.ranchomilagrorecovery.com/
Alcoholics Anonymous	909-825-4700	www.aa.org/
MFI Recovery Center	866-218-4697	www.mfirecovery.com
Ala-Teen	909-824-1516 (24 hrs)	
McAllister Institute	619-442-0277	www.mcalisterinc.org/

Counseling & Mental Health Services

Riverside County Indian Health	909-864-1097	www.rsbcih.org/
Riverside County Medical Center	951-486-4000	www.ruhealth.org/
Loma Linda Behavioral Health	951-290-6530	murrieta.lluh.org/
Novell & Novell	951-252-9911	www.novellcounseling.org/
Live Well Family Counseling	951-257-8045	www.livewellfcs.com/
A Better Community Counseling	951-734-3399	www.abc-counseling.com/
Marsell Wellness Center	909-323-7100	www.marsellwc.com/
CARES Line		800-499-3008
Children's Treatment Services	951-358-4840	www.rcdmh.org/ChildrenServices
NAMI Resource	800-950-6264	www.nami.org/help
Center for Discovery	855-734-2962	www.discoverymood.com/locations/temecula
Aurora Family Counseling Center	951-677-1470	www.aurorafcc.org/



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Parenting Resources

Pechanga Scholarship Dept	951-770-6136	
Pechanga Child & Family Services	951-770-6106	www.pechanga-nsn.gov/cfs/
Co-Parenting Solutions	951-249-3816	www.coparentingsolutions.org/
Triple P Positive Parenting Program		www.triplep-parenting.com/us/triple-p/
Indian Health Celebrating Families	951-849-4761 Ext. 1429	
Parent Support & Training Program	951-358-5862	www.rcdmh.org/psp

Youth Substance Abuse/Mental Health

The Healing Lodge of the Seven Nations	509-533-6910	www.healinglodge.org
Desert Sage	951-708-4054	www.ihs.gov/california/index.cfm/yrtc-project/
	951-708-4043	
NAMI Teen & Young Adult Helpline	800-950-6264	text "Friend" to 62640

Supervised Visitation Services

Cynthia Alaniz	951-473-3139	cynthiachildvisitationservices@gmail.com
Sharon Day	951-334-3896	All About Kids Monitored Visits
Darlene Pinkernell-Tarnoski	951-440-5645	affordablevisitationmonitor@gmail.com
Riverside County Superior Court		www.riverside.courts.ca.gov/system/files/general/sup_visit_provider_list.pdf

Anger Management

Riverside County Indian Health	909-864-1097	www.rsbcih.org/
Novell & Novell	951-252-9911	www.novellcounseling.org/anger-management-program
Riverside County Superior Court		www.riverside.courts.ca.gov/sites/default/files/riverside/default/documents/angermgmtresourcelist.pdf

Rental assistance

Pechanga Tribal TANF	951-770-6233	www.pechanga-nsn.gov/tanf/
Torres Martinez TANF	866-810-1000	www.torresmartinez.org
Soboba Tribal TANF	951-654-5964	sobobatanf.org/



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Morongo TANF	951-755-5178	morongonation.org/morongo-tribal-tanf/
Pala Tribal TANF	888-806-8263	sctca.net/tribal-tanf/
San Diego Tribal TANF	866-913-3725	sctca.net/tribal-tanf/
Escondido Tribal TANF	866-428-0901	sctca.net/tribal-tanf/
Manzanita Tribal TANF	866-931-1480	sctca.net/tribal-tanf/
Santa Ynez Tribal TANF	866-855-8263	sctca.net/tribal-tanf/
Housing Authority of Riverside County	951-351-0700	https://harivco.org/
Catholic Charities of Riverside County	951-328-1575	//ccsbriv.org/

Homeless assistance

Rancho Damacitas	951-444-1404	www.cmoh.net/programs//
Project Touch	951-677-9661	www.projecttouchonline.com/programs
Operation Safe House	951-351-4418	www.operationsafehouse.org/
24-Hr Crisis Line	800-561-6944	

Special Needs/Educational

Pechanga Scholarship Dept	951-770-6136	
Acorns to Oak Trees	858-361-9544	www.acorns2oak.com/
Autism Spectrum Therapies	866-727-8274	www.autismtherapies.com
Behavior Frontiers	951-466-3032	www.behaviorfrontiers.com/temeculamurrieta-ca
Comprehensive Autism Center	951-813-4034	www.cac.co/

Elder Assistance

Riverside County Indian Health	909-864-1097	www.rsbcih.org/
Office of Aging	877-932-4100	www.rcaging.org/
Adult Protective Services	951-358-4012	www.rivcodpss.org/
In-Home Supportive Services	888-960-4477	www.riversideihss.org
Good Samaritan Community Food Pantry	951-415-5731	www.goodsamaritancommunity.org



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Food Banks

Good Samaritan Community Food Pantry	951-415-5731	www.goodsamaritancommunity.org
Murrieta United Methodist Church	951-677-6174	www.murrietaumc.org/ministries/food-pantry/
Community Mission of Hope	951-444-1404	www.cmoh.net/
Fallbrook Food Pantry	760-728-7608	www.fallbrookfoodpantry.org/
Community Food Pantry of Murrieta	951-677-6347	www.communityoutreachofmurrieta.com/food-pantry/
Dream Center of Lake Elsinore	951-376-3703	www.dreamcenterle.org/dc-pantry
Western Eagle Foundation	951-695-7206	www.westerneaglefoundation.org/programs/



PECHANGA CHILD & FAMILY SERVICES



**HAVE YOU EVER
THOUGHT ABOUT
BECOMING A
FOSTER
CAREGIVER FOR
PECHANGA
YOUTH?**

Did you know native children are removed from their homes at 2-3 times the rate of their white counterparts and are often not placed with relatives or other Indian families? (NICWA.org)



As a foster parent, you can make a difference! Contact us to learn more about the application process.

If interested or want to learn more, please contact Cindy Rodriguez at PCFS to get more information or contact our office at 951-770-6106 to sign up.



Visit us at www.pechanga-nsn.gov/cfs/